

Children-rules basketball Denmark, 2019-20



	U9 GP	U11GP	U13 GP	U13 RC	U15 GP	U15 NC	Notes
Tournament-format	Grand Prix	Grand Prix	Grand Prix	Regular	Grand Prix	Regular	GP: Grand Prix (regional) RC: Regional Championship (east-west) NC: National Championship
Cuptournament	No	No	No	Yes	Yes	Yes	
Court	Small	Small	Small	FIBA	FIBA	FIBA	
Players on court	3-3	4-4	4-4	5-5	5-5	5-5	Grand Prix tournament: all teams are divided in groups of 3 or 4 teams – they play small tournaments on the same day where all teams meet each other – winners move up to the next group, losers go down – rest remains
Playing time	5x5 running	5x5 running	5x8 running	5x8 efficient	5x8 running	5x8 efficient	
Substitutions ¹⁾	No	No	No	Yes ²⁾	Yes ²⁾	Yes ²⁾	
Rimheight	2,60	2,60	3,05	3,05	3,05	3,05	
Ball-sizes	5 (4)	5	5/5	6/6	6/6	6/7	Applies to all groups: 20 point rule: if team is ahead with 20 pts or more, only halfcourt-defense is allowed
3 point	Yes, outside paint				FIBA	FIBA	
3+5+8+24 second	No	No	No	No	FIBA	FIBA	
Freethrow-distance	No FT	3 m	4m	FIBA	FIBA	FIBA	Substitution: in GP all players must divide playing time equally ¹⁾ . In U13 NC and all U15 the fifth quarter is with normal substitutions – the other four quarters as in GP ²⁾
Teamfouls	No	No	FIBA	FIBA	FIBA	FIBA	
Defense (no zone allowed) ⁴⁾	Man to Man						In U13 and up it is allowed to play zone-defense on frontcourt. Halfcourt defense must be man to man ⁴⁾
Traps/dobbelteam allowed	No	No	Yes	Yes	Yes	Yes	
20 points rule	Yes (up by 20 pts or more, mandatory halfcourtdefense)						
Screens	No	No	No	FIBA	FIBA	FIBA	Mixed teams allowed in all groups (plays in the boys-tournament)
Steal ball when in two hands	No	No	FIBA	FIBA	FIBA	FIBA	
Blocking shots	No	FIBA	FIBA	FIBA	FIBA	FIBA	
Throw-in from opponents baseline	No	No	No	FIBA	FIBA	FIBA	
Timeout	No	No	No	1 pr. periode		FIBA	
Tied game	Yes			2 min overtime		FIBA	
NB	Commenting on opponent-teams players is considered as unsportsmanlike conduct						

The rules are adjusted every second season