

Children-rules basketball Denmark, 2021-22



	U9 GP	U11GP	U13 GP	U13 RC	U15 GP	U15 RC/NC	Notes
Tournament-format	Grand Prix	Grand Prix	Grand Prix	Regular	Grand Prix	Regular	GP: Grand Prix (regional)
Cuptournament	No	No	No	Yes	Yes	Yes	RC: Regional Championship (east-west)
Court	Small	Small	Small	FIBA	FIBA	FIBA	NC: National Championship
Players on court	4-4	4-4	4-4	5-5	5-5	5-5	Applies to all groups: 20 point rule: if team is ahead with 20 pts or more (running score), only halfcourt-defense is allowed
Playing time	5x5 running	5x5 running	5x5 running	5x8 efficient	5x6 running	5x8 efficient	
Score	Score reset after each quarter ⁵⁾			Running score			Substitution: in GP all players must divide playing time equally ¹⁾ . In U13 NC and all U15 the fifth quarter is with normal substitutions – the other four quarters as in GP ²⁾ In U13 GP teams can play on basket 2,6 meter if both teams agrees to do it ³⁾ In U13 and up trapping is allowed ⁴⁾ Mixed teams allowed in all groups (plays in the boys-tournament) In U9-11 GP the teams play to win the periods. A win is 3 points, a loss is 1 point and a draw is 1 point. The team with most points when game ends, is the winner. If it still is a draw, the team who has scored most points wins ⁵⁾ FIBA=international rules U7 plays after special EASY-basket-rules and is therefore not listed in this document
Substitutions ¹⁾	No	No	No	Yes ²⁾	Yes ²⁾	Yes ²⁾	
Rimheight	2,60	2,60	3,05 ³⁾	3,05	3,05	3,05	
Ball-sizes girls/boys	5/5	5/5	6/6	6/6	6/7	6/7	
3 point	Yes, outside paint				FIBA	FIBA	
3+5+8+24 second	No	No	No	No	FIBA	FIBA	
Freethrow-distance	3 m	4 m	FIBA	FIBA	FIBA	FIBA	
Teamfouls	FIBA	FIBA	FIBA	FIBA	FIBA	FIBA	
Defense (no zone allowed) ⁴⁾	Man to Man						
Traps/dobbelteam allowed	No	No	Yes	Yes	Yes	Yes	
20 points rule	Yes (up by 20 pts or more running score, mandatory halfcourtdefense)						
Screens allowed	No	No	No	No	Yes	Yes	
Steal ball when in two hands	No	No	FIBA	FIBA	FIBA	FIBA	
Blocking shots	No	FIBA	FIBA	FIBA	FIBA	FIBA	
Throw-in from opponents baseline	No	No	No	FIBA	FIBA	FIBA	
Timeout	No	No	No	1 pr. period		FIBA	
Tied game	Yes			2 min overtime		FIBA	
NB	Commenting on opponent-teams players is considered as unsportsmanlike conduct						

